

# 2023-2024 DANCE SEASON

Updated: 2/2/2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
STUDIO G	STUDIO B	STUDIO G	STUDIO B	STUDIO G	STUDIO B	STUDIO G	STUDIO B	STUDIO G	STUDIO B	STUDIO G	STUDIO B
PILATES SCULPT 9:30AM-10:30AM		SWEAT & SHINE 9:30AM-10:30AM		TABATA 9:30AM-10:30AM		STRETCH & FLOW 9:30AM-10:30AM		BARRE 9:30AM-10:30AM		MOMMY & ME 9:30AM-10:15AM	
TUMBLE TOTS 10:30AM-11:15AM				TOTS BALLET 10:30AM-11:15AM		HOMESCHOOL MODERN 2PM-3PM		SOLOS 10:30AM-4:15PM	*	PILATES MAT 10:30AM-11:30AM	
		DANCE CONDITIONING III/IV 3:30PM-4:15PM		TOTS TAP 11:30AM-11:45AM	SUPER STARS 3:15PM-4:15PM			URNS & LEAPS III/IV 3:15PM-4:15PM			
BALLET I 4:15PM-5PM	JAZZ II 4:15PM-5PM	BALLET II 4:15PM-5PM	TAP II/III 4:15PM-5PM	COMPANY IV (JAZZ) 4:15PM-5PM	COMPANY I (JAZZ) 4:30PM-5PM	POINTE/BALLET IV 3:45PM-5:15PM	COMPANY II (LYRICAL & JAZZ) 4:15PM-5PM		URNS & TRICKS III 4:15PM-5PM		
BALLET III/IV 5PM-6:15PM	ACRO I 5PM-6PM	COMPANY II (LYRICAL & JAZZ) 5PM-5:45PM	TAP III/IV 5PM-5:45PM	JAZZ/MUSICAL THEATRE III 5PM-5:45PM	TRICKS & TURNS I/II 5PM-5:45PM	BALLET III 5:15PM-6:15PM	TOTS JAZZ 5PM-5:45PM	COMPANY III (MUSICAL THEATRE) 5PM-5:45PM	HIP HOP I/II 5PM-5:45PM		
	COMPANY I (JAZZ) 6PM-6:30PM	COMPANY III (LYRICAL) 5:45PM-6:30PM	TOTS BALLET 5:45PM-6:30PM	JAZZ/MUSICAL THEATRE I 5:45PM-6:30PM	TUMBLE TOTS 5:45PM-6:30PM		COMPANY VI (MUSICAL THEATRE) 5:45PM-6:30PM	COMPANY IV (LYRICAL) 5:45PM-6:30PM			
LYRICAL CONTEMPORARY I/II 6:15PM-7PM	ACRO III/IV 6:30PM-7:30PM	LYRICAL CONTEMPORARY III/IV 6:30PM-7:15PM	PILATES & BALLET FIT 6:30PM-7:30PM		TAP I 6:30PM-7PM	BALLET II 6:15PM-7:15PM	JAZZ/MUSICAL THEATRE IV 6:30PM-7:15PM	COMPANY V (LYRICAL) 6:30PM-7:15PM			
COMPANY V (JAZZ) 7:30PM-8:15PM		OPENING NUMBER 7:15PM-8PM		ACRO II 6:30PM-7:30PM	ADULT AEROBICS 7PM-7:45PM	COMPANY VI 7:15PM-8:15PM					

**\* DANCE TEAM CLASSES ONLY**